# Burn Referral Guidelines: Criteria for Referral

Adults and children with the following injuries should be discussed with the local Burn Service

## Cause
- Inhalation injury
- Deep dermal and full thickness
- Electrical
- Chemical
- Burns with trauma

## Affected Area
- Face, hands, genitals, feet, joints, scalp, ears
- Circumferential

## Size
- >1% Total Body Surface Area [TBSA] in children
- >3% TBSA in adults

## Age
- Neonates (<28 days old)

## Wound
- Not healed within 2 weeks
- Infected

## DISCUSS
- Suspected non accidental injury, mental health history or self-harm
- Progressive non burn skin loss conditions (TENS, SSSS, Necrotising Fasciitis)
- Significant co-morbidity (eg diabetes) or immunocompromised patients
- Friction burns with full thickness skin loss
- Cold burns with full thickness skin loss
- Older people (60+)
- Children “unwell” with a burn (see below) *
- Any other case that causes concern

* **Toxic Shock Syndrome /Burns Sepsis Syndrome**
  Seek early advice from local Burn Service
  Consider treating with fluid resuscitation, IV antibiotics +/- FFP

## MEDICAL EMERGENCY

<table>
<thead>
<tr>
<th>Any patient</th>
<th>Any size burn</th>
<th>Any of these symptoms</th>
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<tbody>
<tr>
<td>Risk of Toxic Shock Syndrome</td>
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</tbody>
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## MEDICAL EMERGENCY

- Temperature > 38°C
- Rash
- Diarrhoea and vomiting
- General malaise
- Not eating or drinking
- Tachycardia/tachypnoea
- Hypotension
- Reduced urine output

If in doubt, seek early advice from local Burn Service

Telephone support and advice on initial care of any patient with a burn injury is available at all times

Approved by LSEBN CGG on December 2015

<table>
<thead>
<tr>
<th>CONTACT DETAILS</th>
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<tbody>
<tr>
<td><a href="http://www.trips.nhs.uk">www.trips.nhs.uk</a></td>
</tr>
<tr>
<td>St Andrews Burns Service</td>
</tr>
<tr>
<td>Broomfield Hospital (Chelmsford)</td>
</tr>
<tr>
<td>Adults/Children 01245 516037</td>
</tr>
<tr>
<td>Chelsea &amp; Westminster Hospital (London)</td>
</tr>
<tr>
<td>Adults 02033152500</td>
</tr>
<tr>
<td>Children 02033153706</td>
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<tr>
<td>Queen Victoria Hospital (East Grinstead)</td>
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<tr>
<td>Adults 01342 414440</td>
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<tr>
<td>Children 01342 414469</td>
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<tr>
<td>Stoke Mandeville Hospital (Aylesbury)</td>
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<td>Adults and Children 01296 315040</td>
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